

· Drug category : Antihistamines

# Dexmin

Tab.

## ■ COMPOSITION

Each tablet contains 0.25mg of Betamethasone and 2.0mg of Dexchlorpheniramine maleate.

## ■ INDICATIONS

Dexmin is indicated for urticaria (except for chronic symptoms), eczema, acute and acute exacerbation stage of dermatitis, drug eruption, allergic rhinitis and chronic bronchial asthma.

## ■ DOSAGE & ADMINISTRATION

The usual adult dosage is 1 to 2 tab. administered orally one to four times daily. The dosage should be appropriately increased or decreased according to the age of patients and severity of symptoms. But this drug should not be used aimlessly.

## ■ PRECAUTIONS

### 1. Contraindications

- 1) Patients with glaucoma
- 2) Patients with obstructive disease in lower urinary tract such as prostatomegaly, etc.(due to anticholinergic effect)

2. Should be administered cautiously to the following diseases; Tuberculous disease, peptic ulcer, psychotic disease, Herpes simplex keratitis, subcapsular cataract, hypertension, thrombosis, infection, diabetes mellitus, osteoporosis, known acute myocardial infarction(heart-rupture has been reported)

### 3. Adverse effect

- 1) Hypersensitivity : Rash may occur. In such case, should be discontinued.
- 2) Psychoneurosis : Mental change may occur occasionally. Thus, should be carefully monitored. And in such case, appropriate treatment such as reducing dosage or discontinuing drug should be instituted. Nervousness, agitation, euphoria, double vision, headache, occasionally insomnia, drowsiness, and head fullness may occur.
- 3) Gastrointestinal system : Gastric ulcer may occur occasionally. Thus, should be carefully monitored. And in such case, appropriate treatment such as reducing dosage or discontinuing drug should be instituted. Dry mouth, heart burn, occasionally stomachache, nausea, vomiting, exaggerated appetite may occur.
- 4) Urinary system : Polyuria, and dysuria, etc. may occur.
- 5) Circulation system : Increase of blood pressure may occur occasionally. Thus, should be carefully monitored. And in such case, appropriate treatment such as reducing dosage or discontinuing drug should be instituted.
- 6) Blood : Leukocytosis may occur. And in chlorpheniramine preparation, aplastic anemia, agranulocytosis, decreased platelets, etc. may occur rarely. Thus, should be carefully monitored. And in such case, should be discontinued.
- 7) Skin : Edema, acne, pigmentation, purpura, inflammation of fat tissue may occur.
- 8) Eye : Subcapsular cataract, glaucoma, etc. may occur rarely. Thus, should be carefully monitored. And in such case, appropriate treatment such as reducing dosage or discontinuing drug should be instituted.

9) Other : Induced infection, acute adrenal failure, osteoporosis, muscular disease and rarely thrombosis, etc. may occur occasionally.

Thus, should be carefully monitored. And in such case, appropriate treatment such as reducing dosage or discontinuing drug should be instituted. Moon face, hypertrichosis, hair growth, itching, sweating disorder, fever, muscle pain, joint pain, menstration disorder, glucosuria, occasionally malaise, weight increase and rarely growth inhibition of infant may occur.

#### 4. General precaution

- 1) Drowsiness may occur. Thus, enough caution in patients given this drug should be exercised not to be engaged in operation machinery such as driving a car, which accompany risk.
- 2) Abrupt discontinuation of the drug after continuous use may cause withdrawal such as occasionally fever, headache, anorexia, fatigue, muscle pain, joint pain, and shock, etc.. In such case, caution such as slow reduction of dosage, etc. should be exercised.
- 3) In children with corticosteroid therapy for diseases such as asthma, allergic rhinitis, childhood arthritis, serious complication such as varicella, measles caused by infection of virus may occur, which is due to immunosuppressive effect of this drug. Thus, caution should be exercised not to be exposed to virus.

#### 5. Precaution in pregnancy

Teratogenic effect has been reported in animal study and adrenal failure may occur in neonate.

Thus, this drug should be used during pregnancy or suspected pregnancy only if potential benefit justifies potential risk.

#### 6. Drug interaction

Drug interaction may be increased by coadministration with the following drugs or intake of alcohol. In such case, should be so carefully administered as reducing the dosages. ; CNS depressants, MAO inhibitors (anti-cholinergic effect is increased)

■ **STORAGE** : Tight container

■ **USE TERM** : 3 Years.

■ **PACKS** : 100, 500, 1000 Tablets

※ **Medicine** : Keep out of reach of children.

This drug is manufactured in accordance with Korea Good Manufacturing Practice(KGMP) as recommended by WHO.